



Sunlighten Sauna Release Form

1. The use of drugs or alcohol prior to or during the sauna session may lead to dizziness or unconsciousness.
2. Please contact and consult your physician if you are in doubt of your ability to use the Sunlighten sauna for health reasons.
3. No clients under the age of 18 are permitted in the Sunlighten sauna unless accompanied by a supervising adult.
4. Please discontinue the use of Sunlighten sauna if you feel light-headed, dizzy, or heat exhausted.
5. Sauna sessions should be limited to a maximum of 30 minutes at one time.
6. It is advised to drink plenty of water before and after your sauna session.
7. Clients using any medications must consult a physician prior to the use of the Sunlighten sauna.
8. Pregnant women should not use the Sunlighten sauna.
9. Clients with a medical history of circulatory system problems should consult a physician prior to using Sunlighten sauna.

I acknowledge and accept the risks inherent when using the Sunlighten sauna. I voluntarily assume the risk of injury, accident, or death which may arise from the use of the Sunlighten sauna. I and any of my heirs, executors, representatives, or assigns hereby sustained while on the premises, during the use of the Sunlighten sauna and from any advice provided by an employee, independent contractor, or any representative.

I further understand that Zen Den Healing Studio nor any of their team member(s) is **NOT A MEDICAL DOCTOR** and is **NOT** attempting to portray or conduct the activities of a medical doctor. I release her, the facility, and manufacturer from any adverse effects I may incur by the use of the Sunlighten sauna.

I have carefully read the above safety instructions for using a Sunlighten sauna. I fully understand them and fully agree to comply with instructions. This agreement is in effect for all Sunlighten sauna sessions/treatments and will not expire unless requested by either party.

ATTENTION: Because we have back to back sauna sessions scheduled, in order for every client's session to run on time, you will have no longer than 15 minutes of leniency time that we give you to gather your items and exit the sauna room. If you are in there any longer, there is a possibility of a \$15 charge. We greatly appreciate your understanding of this policy, it's so your sauna session runs as smoothly as possible with no delays! Feel free to use the bathroom in the back if you need to get ready afterwards!

Client Signature:

Date:

Witness Signature:

Date:

Studio Policies

Arriving late for your appointment will shorten the time of your treatment. Your treatment will end on time so that our next guest will not be delayed. Full price for your treatment will be charged.

Cancellation policy - Please provide us with a 24-hour notice to cancel or change your appointment. Without proper notice you are subject to pay our late cancellation fee.

No show, no call appointments will be charged **full price** of service scheduled. A gift certificate or prepaid session associated with a no show visit will result in the certificate/prepaid being redeemed.

Cell phones – Please turn all cell phones on vibrate when services are given for the comfort and relaxing atmosphere of all our guests. If there is a need to have the phone on please let the therapist know.

Gratuities – If you would like to show your therapist how amazing the session was, you may do so at the end of your service via cash or credit card but it is never expected, just greatly appreciated!

Healing Touch Massage LMT, LLC / DBA: Zen Den Healing Studio, or any team member(s) is not responsible for any **lost or stolen items** including cell phones or any jewelry etc...

Booking an appointment is acknowledgement of these terms and any reminders we send are **complimentary**. We sincerely appreciate your consideration in honoring our Cancellation Policy.

Signature

Date